

References for Smoking, Vaping and Oral Health Information Postcards.

1. Health Service Executive (HSE) – Quit Smoking Supports
Website: [Quit smoking – HSE HSE.ie+2HSE.ie+2](#)
Additional info: Tobacco cessation services and supports. [HSE.ie+2HSE.ie+2](#)
2. Dental Health Foundation Ireland
Website: [Dental Health Foundation Ireland](#)
Publication: *Oral Health in Ireland: 3rd Edition (2024)* – [PDF download Dental Health Foundation+1](#)
3. World Health Organization (WHO) – Tobacco and Oral Health
Fact Sheet: *Tobacco and Oral Health (2018)* – [PDF WHO CDN+1](#)
Also: WHO Framework Convention on Tobacco Control (WHO FCTC)
[tobaccopreventioncessation.com+1](#)
4. Centers for Disease Control and Prevention (CDC) – Smoking & Oral Health
Webpage: [Tobacco & Oral Health – CDC](#)
5. Journal of the American Dental Association (JADA)
Example article:
 - Pushalkar, S., Paul, B., Li, Q., et al. (2020). *Electronic cigarette aerosol modulates the oral microbiome and increases risk of infection*. *iScience*, 23(3), 100884. [DOI:10.1016/j.isci.2020.100884] [PubMed+1](#)
6. British Dental Journal (BDJ)
Example article: “The impact of e-cigarette use on periodontal health: a systematic review and meta-analysis” [The impact of e-cigarette use on periodontal health: a systematic review and meta-analysis](#)
7. Irish Dental Association – Oral Health and Tobacco
Website: [Irish Dental Association](#)
8. Public Health England – E-cigarettes and vaping evidence review (2022)
[Nicotine vaping in England: 2022 evidence update - GOV.UK](#)
9. National Institute of Dental and Craniofacial Research (NIDCR)
Website: [NIDCR](#)
10. Centers for Disease Control and Prevention (CDC). *Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults*.
https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html
11. Journal of Pharmacy and Bioallied Sciences.
Alwithanani, N. (2023). *Periodontal Disease and Smoking: Systematic Review*
[Periodontal Disease and Smoking: Systematic Review - PubMed](#)
12. Leite, F.R.M., Nascimento, G.G., Baake, S., Pedersen, L.D., Scheutz, F. and López, R. (2019) ‘Impact of smoking cessation on periodontitis: A systematic review and meta-

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<https://academic.oup.com/ntr/article-abstract/21/12/1600/5053758?redirectedFrom=fulltext>